

## June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			2			5
				3 Open Gym 7-8pm @ESHS	4	
6	<b>9th Grade Camp @ Elkhorn South</b> 9-11:30 and 12:30-2:30 Bring a sack lunch \$40 for both days Weights 7-10AM, 4-7PM		9		11	12
		Open Gym 7-8pm @ESHS	Weights 7-10AM, 4-7PM	10 Open Gym 7-8pm @ESHS	Weights 7-10AM, 4-7PM	
13	<b>JV &amp; Var Skills Camp @ ESHS</b> 9-11:30 a.m. 1-3:30 p.m. Cost \$80 by Kirsten Booth (Creighton University Head Coach) Weights 7-10AM, 4-7PM		16		18	19
			Weights 7-10AM, 4-7PM	17 Open Gym 7-8pm @ESHS	Weights 7-10AM, 4-7PM	
20	Weights 7-10AM, 4-7PM	Open Gym 7-8pm @ESHS	23 Weights 7-10AM, 4-7PM	24 Open Gym 7-8pm @ESHS	25 Weights 7-10AM, 4-7PM	26
27	Weights 7-10AM, 4-7PM	Open Gym 7-8pm @ESHS	30 Weights 7-10AM, 4-7PM			

## July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1	2 Weights 7-10AM, 4-7PM	3	
4	5 Weights 7-10AM, 4-7PM	6	7 Weights 7-10AM, 4-7PM	8 <b>JV &amp; Var Team Camp @ Creighton</b> \$40 Must Pre-register	9 Weights 7-10AM, 4-7PM	10	
11	<b>Youth Camp (4th-8th Grade) @ Elkhorn South 8-9:30, 9:30-11, 11-1</b> Sophomores and Juniors work <b>9th - 11th Skills Camp @ ESHS 2:20-4:30pm</b> \$25 for both days bring to camp by Coach Ritter Weights 7-10AM, 4-7PM			14 Weights 7-10AM, 4-7PM	15	16 <b>JV &amp; Var Team Camp @ UNO</b> \$35 Must Pre-register Weights 7-10AM, 4-7PM	17
18	19 Weights 7-10AM, 4-7PM	20	21 Weights 7-10AM, 4-7PM	22	23 Weights 7-10AM, 4-7PM	24	
25	26 Weights 7-10AM, 4-7PM	27	28 Weights 7-10AM, 4-7PM	29	30 Weights 7-10AM, 4-7PM	31	

## August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	Conditioning Week @ Elkhorn South High School -----> TBA					14
15	16 Practice/Try-outs times TBA	17 Practice/Try-outs times TBA	18 Practice/Try-outs times TBA Cuts made	19 First Day of School Practice 3:30 Navy t-shirt	20 Practice 3:30 Yellow t-shirt	21 Parent Meeting /camp 9-11 am meet in TBA t-shirt TBA
22	23	24	25	26	27	28
29	30	31				